

BASIC LIFE SUPPORT EXAM

1. What is the rate of performing chest compressions?
 - A. 30 per minute
 - B. 50 per minute
 - C. 80 per minute
 - D. 100 per minute
2. How deep should you compress the adult victim's chest?
 - A. _ inch
 - B. _ inch
 - C. 1/3 inch
 - D. 1-1/2 -2 inches
3. What is the maneuver called to open the victim's airway?
 - A. Head lift
 - B. Child rise
 - C. Jaw lift
 - D. Head-tilt, chin-lift
4. How do you give mouth to mouth breaths?
 - A. Put your lips in the victim's lips
 - B. Seal your lips around the outside of the victim's lips
 - C. Place a breathing tube in their airway
 - D. Intubate immediately
5. How can you tell if ventilations are going into a victim?
 - A. Watch for chest rise
 - B. Watch for abdominal rise
 - C. Listen for air going through the airway
 - D. Listen for the victim exhaling air
6. What are the three steps to check for a victim breathing?
 - A. Look, listen and feel
 - B. Feel, push and ventilate

- C. Listen, breathe and exhale
 - D. Look, listen and ventilate
7. You find a victim gasping, your next step is what?
- A. Give two rescue breaths
 - B. Do a blind finger sweep
 - C. Do abdominal thrusts
 - D. Check for a pulse
8. How do you know when to start compressions?
- A. The victim has is breathing but has no pulse
 - B. The victim has a pulse but is not breathing
 - C. The victim is breathing and has a pulse
 - D. The victim is not breathing and has no pulse
9. What is the technique called for infant two person CPR?
- a. Encircling hands thumbs
 - b. Encircling wrists
 - c. Two finger tip
 - d. Chest thrust
10. What is early defibrillation needed?
- A. To synchronize heart rate
 - B. To increase effectiveness of ventilations
 - C. To not have to do compressions
 - D. To increase the likelihood of it working
11. What are the proper steps for operating an AED?
- A. Power on, put the pads on the chest, allow to analyze, deliver shock
 - B. Power on, shave the chest, put the pads on, deliver shock
 - C. Power on, put the pads on the chest, shave the chest, deliver shock
 - D. Power on, allow to analyze, put the pads on the checks, deliver shock
12. After you put the AED pads on, what do you do next?
- A. Allow to analyze

- B. Deliver the shock
 - C. Shave the chest
 - D. Begin compressions
13. What might happen if you touch the victim while shocking?
- A. You'll get shocked
 - B. Aed will analyze your rhythm
 - C. You will throw off the machines synchronization
 - D. You may cause cardiac conversion
14. The AED machine states "no shock indicated." What should you do next?
- A. Begin CPR
 - B. Shave the chest
 - C. Remove the pads
 - D. Call 911
15. How do you relieve adult choking?
- A. Back slaps
 - B. Abdominal thrusts
 - C. Head tilt chin lift
 - D. Blind finger sweep
16. A choking adult becomes unresponsive. What should you do?
- A. Blind finger sweep
 - B. Begin the steps of CPR
 - C. Abdominal thrusts
 - D. Intubate
17. You are alone and find an unresponsive infant. What should you do next?
- A. Call 911
 - B. Begin CPR, then call 911 after two minutes
 - C. Chest thrusts
 - D. Blind finger sweep
18. How do you relieve choking in a responsive infant?

- A. Back slaps and chest thrusts
 - B. Intubation
 - C. Abdominal thrusts
 - D. Head tilt chin lift
19. Why should you minimize interruptions during CPR?
- A. It will be more effective
 - B. To keep your energy up
 - C. To keep a good rhythm for compressions
 - D. You may get sued
20. You should use an adult AED and pads for ?
- A. Adults only
 - B. Any age victim
 - C. A victim under 23lbs
 - D. A victim who is breathing and has a pulse