

Dr. ADEL WAGIH FAHMY SERAG
Senior Consultant Psychiatrist



Dr. Soliman Fakeeh hospital Jeddah. KSA
CONSULTANT and FELLOW OF PSYCHIATRY AND
DIRECTOR OF OUTPATIENT DEPARTMENT,
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Fakeeh hospital – Jeddah- KSA

PERSONAL INFORMATION:

- *Marital status: Married / 4 children*
- *Nationality: Egyptian*
- *Date of birth: 1957*
- *Place of birth: Cairo, Egypt*

EDUCATION AND TRAINING:

- *MD degree, of Psychiatry , faculty of medicine, Ain Shams University 1992*
- *M.Sc (magistrate degree- Neuropsychiatry) 1986, Faculty of medicine Ain Shams University, Cairo*
- *MBBCh (Bachelor of surgery and medicine)1 981 Faculty of medicine Ain Shams University, Cairo, Egypt*

APPOINTMENTS AND POSITIONS:

- ***October 2008- present:*** Senior consultant psychiatrist, Doctor Soliman Fakeeh hospital Jeddah, Saudi Arabia, Fully responsible for outpatient and inpatient department, admission , follow up and discharge of psychiatric patients for long term and short term follow up in OPD. Administration of ECT, Psychotherapy, examining and assessing for management child psychiatric patients, adolescents, adult and psycho-geriatrics. Psycho-education to families and care givers of patients. Managing early detection and risks of substance misuse and working for prophylaxis addiction and detoxification.

- **Sept 2006- sept.2008: Consultant psychiatrist , and head of neuropsychiatry dept SGH- Aseer-KSA**
- **May -1999 – Aug 2006: Consultant and Fellow Psychiatrist , director of outpatient psychiatric dept- INSTITUTE OF PSYCHIATRY AIN SHAMS UNIVERSITY- Full responsibility in running and managing quality and quantity inpatient and outpatient care supervising trainee deciding management and specialized psychiatric outpatient clinics**
- **November. 1993- April 1999 : Senior registrar- psychiatric hospital –kuwiat – Assistant head unit – supervising inpatient and outpatient care- Honorly awarded for "excellence in job performance regarding patient's care and accuracy of management"**
- **(1996-1999) Supervisor and head of sleep lab unit (96-99) Nicolet system**
- **1992- 1993 Fellow and consultant psychiatrist , INSTITUTE OF PSYCHIATRY , AIN SHAMS UNIVERSITY,**
- **1986-1992: Specialist psychiatrist , INSTITUTE OF PSYCHIATRY AIN SHAMS UNIVERSITY**
- **1984-1992: Resident and specialist of Psychiatry, Okasha Hospital (Private) for psychological medicine,**
- **1983-1986: Resident and specialist of Neuropsychiatry, Neuropsychiatry dept.,Participating in all departmental activities regarding inpatient and outpatient management- regularly participating in scientific weekly dept. conference. Ain shams university hospitals**
- **1982-1983: rotation internship, Ministry of health and Ain shams university hospitals**

Lecturing activity:

- **Senior Lecturer in regional and international psychiatric meeting , KSA**
- **Full experience in lecturing Psychology and psychiatric curriculum for undergraduate and post graduate teaching, institute of psychiatry ain shams university**
- **Clinical tutoring for undergraduate , faculty of medicine, Kuwait**
- **Psychiatric Nursing, basic psychology and mental health in Arabic and English lecturing for middle and high institute of Nursing Ain Shams university hospitals**
- **Regular lecturing and training in psychiatric nursing for school nurses and psychiatric hospital nurses in Kuwait 1994- 1999**
- **Jan and May 2007 : Psychiatry Club: Lecturing for psychiatrists Updates in Anxiety Disorders (Lundbeck co. sponsored) and Emergency psychiatry (Lilly Co. sponsored)**

Research Experience and publications

MSC thesis "**Drug abuse among Egyptians**" Review of drug abuse and field study for comparison between commerce and medical students- risk group vulnerable society , supervised by prof. Dr. Ahmed Okasha

- **MD thesis " Evaluation of topographic EEG- [BEAM] in schizophrenic and affective patients and correlation with psychometric testing"** supervised by Prof . Dr. Ahmed Okasha and Prof. Dr. Adel Sadek
- **Depression and Intelligence state of children with chronic renal failure: current psychiatry , vol.1 No. 1 1994**
- **Respiridone and sleep restoration in schizophrenic patients"** Case study in paranoid schizophrenic patient – online German journal of psychiatry -1999

سوء استعمال المواد المخدرة بين طلبة المدارس الثانوية و المتوسطة الكويت (1998-1997)
العنف بين أطفال المدارس في الكويت دراسة نوعية و ميدانية تتضمن 100 حالة من عمر 10 سنوات و حتى 17 سنة (1999-1998)

Scientific and congress activities: international congresses:

Participation in

ECNP, Barcelona, 2018

ECNP, Paris, 2017

APA, Atlanta, 2016

APA, San Deigo, 2015

- *APA , American Psychiatric Association annual congress San Francisco 2012*
 - *CPA , Canadian Psychiatric Association Annual Congress) Montreal, 2012*
 - *APA Phyladelphia 2011*
 - *19th EPA, Vienna, Austria 2011*
 - *San Fransisco APA annual international meeting*
 - *Vienna-Austria 20th ECNP 2007*
 - *Chicago 2000 American psychiatric association annual meeting*
 - *Bahrain 1999 8th international pan Arab Congress of Psychiatry*
 - *Madrid Spain 1996 8th word congress of psychiatry*
 - *Venice Italy 8th annual congress of Europan college of neuro-psychopharmacology 1995*
- And so many others.*

Membership and scientific activities:

Member of Egyptian psychiatric association

Member of Saudi psychiatric association

Member of Arab psychiatric association

Member of research team in the institute of psychiatry, Ain Shams University

Participation in the editorial activity of the Egyptian journal of psychiatry

Refrences:

Prof. Dr. Ahmed Okasha: Professor of psychiatry, and former president of World psychiatric association

Please visit for more details, articles, education and psychiatric activities
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